

31 I. Abstract

32 Although MRI is the workhorse of brain tumor initial evaluation and follow-up, there is a
33 growing amount of data recommending the incorporation of amino-acid PET imaging at
34 different stages of the management of these patients. Recent nuclear medicine and
35 neuro-oncology clinical practice recommendations support the use of amino-acid
36 imaging in brain tumor imaging. Considering ^{18}F -DOPA is FDA approved for the
37 evaluation of parkinsonian syndromes, it could be used clinically for other valuable
38 clinical indications such as brain tumor evaluations. This value seems to be well
39 established in adults and has growing evidence for its use in pediatrics as well. We offer
40 to present four pediatric brain tumor cases imaged with ^{18}F -DOPA and review the
41 literature.

42 **Keywords:** brain tumors, amino acid imaging, PET, nuclear medicine

43 II. Introduction

44 PET has been used in the assessment of brain tumors for 40 years. Nowadays, state of
45 the art MRI has become the gold standard in brain tumor imaging along the various
46 steps of clinical management. ^{18}F -FDG was initially used with some success but faced
47 limitations due to the high background from normal brain glucose metabolism. Amino-
48 acid PET imaging has proven to be superior to ^{18}F -FDG and offers incremental value to
49 MRI in brain tumor imaging. ^{11}C -methyl-L-ethionine (^{11}C -MET), O-(2-
50 [^{18}F]Fluoroethyl)-L-tyrosine (^{18}F -FET) and 3,4-Dihydroxy-6-[^{18}F]fluoro-L-phenylalanine
51 (^{18}F -DOPA) have offered great clinical value. Considering ^{18}F -DOPA is FDA approved
52 for the evaluation of Parkinsonian syndromes and it can be used clinically for other

53 valuable clinical indications as well. Of note that ^{18}F -Fluciclovine (^{18}F -FACBC, Axumin)
54 is also FDA approved for prostate cancer imaging and is being investigated in brain
55 tumor imaging in adults. Bearing in mind the radiation exposure (albeit minimal) is a
56 matter of concern in pediatrics, amino-acid imaging can be judiciously used in the
57 highest yield case scenarios. We offer to highlight four pediatric brain tumor cases of
58 ^{18}F -DOPA imaging and discuss its main value as well as review amino-acid PET
59 imaging in the pediatric population. Scans were acquired on a 3T MRI and GE
60 Discovery 690 PET-CT scanners at Sidra Medicine. Radiopharmaceutical activities
61 used ranged from 2.7-3.2 mCi.

62 **III. Case Series**

63 Case No 1: A 7 year old boy who was referred to our hospital for visual hallucinations,
64 abdominal pain, headache and seizures. He was diagnosed with temporal lobe epilepsy
65 and had further work-up including a CT and MRI scan of his brain. A well-defined
66 calcified lesion was identified in the right temporal lobe and surgical excision was
67 recommended. His parents were hesitant to consent for surgery. An amino-acid PET
68 imaging using ^{18}F -DOPA was performed for additional prognostic information. The lack
69 of ^{18}F -DOPA uptake by the lesion (**Figure 1**) was indicative of a more benign/low grade
70 process and the parents elected for watchful waiting. Eventually a few months later his
71 parents agreed to surgical excision of the lesion and a right temporal lobe lesionectomy
72 was performed. Histopathology of this lesion revealed meningio-angiomatosis, which is
73 a rare, benign disease of the brain. Lack of ^{18}F -DOPA uptake predicted a benign nature
74 of the lesion and provided additional confidence in the management and reassurance to
75 the family.

76 Case No 2: A 3 year old boy was evaluated for gait issues and lower extremity
77 weakness. He was then diagnosed with diffuse intrinsic pontine glioma (DIPG). He
78 received standard focal conformal radiotherapy for a total dose of 54 Gy. Eight months
79 after finishing treatment, he presented with mild left sided weakness and limp. He was
80 re-evaluated with an MRI scan that showed his tumor was overall smaller compared to
81 the scan at diagnosis. However there were areas of signal change, which were
82 concerning for disease progression. ^{18}F -DOPA scan in this case showed ^{18}F -DOPA
83 uptake in the area showing contrast enhancement on MRI scan. It was also able to
84 delineate the tumor margins with higher accuracy than MRI and provided an additional
85 negative prognostic indicator in regards to the intensity of ^{18}F -DOPA uptake. **Figure 2**

86 Case No 3: A 6 year old boy presented with abnormal wide based gait and leg
87 weakness for about 2 months. He then had increased somnolence at school and falls
88 for 3 weeks pre initial diagnosis. He had a brain MRI that demonstrated a midline
89 pontine tumor (DIPG). He similarly received focal radiotherapy for a total dose of 54 Gy.
90 Six months after completing treatment, he presented to the clinic with recurrent gait
91 abnormalities. An MRI scan showed alteration in the internal architectural appearances
92 of the brainstem glioma with marginal dimensional reduction. There were also changes
93 in diffusion weighted imaging patterns between scans that could not be clearly
94 characterized. An ^{18}F -DOPA scan was then performed a few days later and in this case
95 demonstrated tumor viability and recurrence. **Figure 3**

96 Case No 4: A 3 year old girl presented with a two months history of gait disturbance
97 followed by inability to walk for 3 days prior to her admission to the hospital. An MRI
98 revealed a large posterior fossa tumor which prompted neurosurgical intervention and

99 resection. Histopathology of the excised specimen revealed anaplastic ependymoma.
100 Immediate post-operative MRI showed a small 8 mm nodule in the resection bed
101 suspicious for residual tumor. Correlative ^{18}F -DOPA PET and MRI performed 3 weeks
102 post-op revealed no uptake in a much smaller nodular density favoring post-operative
103 changes. This obviated the need for second look surgery. **Figure 4**

104 **IV. Discussion**

105 Amino-acid PET imaging has been used successfully for about fifteen years and is
106 gaining in traction in clinical management of brain tumors as several fluorine labelled
107 compounds become more readily available and as data mounts of its major impact on
108 clinical management (1,2,3,4). ^{18}F -DOPA and ^{18}F -FET seem to be the agents with the
109 highest accuracy, although only ^{18}F -DOPA is FDA approved (1,5,6). ^{18}F -DOPA can offer
110 complementary and additive valuable information at different stages of brain tumor
111 management **Figure 5**.

112 Historically ^{18}F -FDG and ^{11}C -MET, have been used in brain tumor evaluation. Higher
113 FDG uptake has been correlated with higher grade and worse prognosis but is no
114 longer routinely used in the clinic (2, 6). ^{11}C -MET is limited by its short half-life of 20
115 minutes and is used only in centers with on-site cyclotron. When available, it can
116 provide useful diagnostic and prognostic information(2, 3). ^{18}F -FET and ^{18}F -DOPA
117 radiotracers are newer and significantly superior and have largely taken over brain
118 tumor imaging with PET(3, 4). Most recently, the European Association of Nuclear
119 medicine (EANM), Society of Nuclear Medicine and Nuclear Imaging (SNMMI),
120 European Association of neuro-Oncology (EANO) and Response Assessment in Neuro-
121 Oncology (RANO) published practice guidelines and procedure standards for imaging of

122 gliomas using PET with radio-labelled amino acids and ^{18}F -FDG (6). These guidelines
123 have consolidated the benefit of PET imaging in the different stages of brain tumor
124 management as described earlier by the PET RANO group (5).

125 Pirotte's group has, in the past, extensively explored amino-acid imaging in pediatrics
126 and described their experience over 10 years with ^{18}F -FDG and ^{11}C -MET and outlined
127 the value of PET in the pre-surgical, surgical and post-surgical management of 126
128 pediatric cases(7). In another study Pirotte et al. showed in 85 pediatric brain tumors
129 that ^{18}F -FDG-PET and/or ^{11}C -MET PET guided treatment for cases in which MRI was
130 unable to assist in selecting accurate biopsy targets (35 patients) or to delineate tumors
131 for maximal resection (50 patients)(8). They also showed in 55 children that absence of
132 uptake of ^{11}C -MET had a high accuracy in excluding high-grade tumors and was able to
133 guide conservative management. Increased uptake was also seen in all patients with
134 high-grade tumors(9). Pirotte et al. also concluded in their evaluation of 9 pediatric
135 cases of infiltrative brain tumors that PET and MR co-guidance for accurate stereotactic
136 biopsy of these lesions improved the diagnostic yield, and made it possible to reduce
137 the sampling in high-risk/functional areas and improved the overall quality of therapeutic
138 management (10). The latter strategy is clinically relevant due to the histological
139 heterogeneity of brain tumors(11,12,13). This additional value of PET imaging when
140 compared to MRI alone assessments was also highlighted in another series of 103
141 pediatric cases(14).

142 Furthermore, Morana's group have suggested that ^{18}F -DOPA PET when added to the
143 MRI work-up in cases of infiltrative gliomas may offer additional value in diagnosis,
144 prognosis and therapy assessment(15,16,17,18). Other groups have also pointed to the

145 impact of a positive ^{18}F -DOPA PET scan on overall survival, progression free survival
146 and overall management of adult patients with low grade primary brain tumors and brain
147 tumor recurrence (19,20,21). On the other hand, Morana's group have also highlighted
148 that although ^{18}F -DOPA can aid in differentiating high and low grade brain tumors, one
149 should be cautious as developmental venous anomalies may represent a false positive
150 finding (22). They recommended that all ^{18}F -DOPA PET interpretations should be
151 performed by expert readers and in correlation with the patients MRI (22). This is of
152 greater importance considering the increased prevalence of developmental anomalies
153 in children with intracranial neoplasms (23). These developmental anomalies were
154 associated with neuronal dysfunction in adjacent brain areas as depicted on ^{18}F -FDG
155 PET (24). Morana et al. also reported on the possibility of seeing ^{18}F -DOPA changes in
156 the basal ganglia secondary to network changes due to cortical resection that needs to
157 be taken into account when interpreting these PET scans (25). ^{18}F -DOPA PET was also
158 highlighted by Bund et al. to be helpful in the evaluation of 53 non-enhancing brain
159 tumors although this was in an adult patient population (mean age 39) (26). ^{18}F -DOPA
160 PET was able to discriminate between dysembryoplastic neuroepithelial tumor and
161 grade II oligodendroglioma and between low- and high-grade gliomas with no contrast
162 enhancement on MRI (26).

163 In addition, as the management and classification of brain tumors has been shifting from
164 the plain "high" or "low" grade spectrum and incorporating molecular markers that define
165 distinct biological subtypes with a different clinical course, it seems natural that
166 metabolic imaging may add an additional layer of subcategorizing tumors, stratifying
167 management and altering the course of disease. Suchorska et al. briefly summarized

168 this paradigm in the context of the new World Health Organization classification 2016
169 for brain tumors (27). At this moment, it may be difficult to differentiate subtypes based
170 on amino-acid PET imaging (27) however higher ^{18}F -DOPA uptake has been associated
171 with IDH mutation in diffuse grade II and grade III gliomas (28). Although most dynamic
172 data stems from ^{18}F -FET, it seems that current dynamic ^{18}F -DOPA data is a predictor of
173 progression/recurrence and progression free survival. However it does not seem to offer
174 any additional value compared to static parameters such as mean and maximum tumor-
175 to-normal-brain ratios, tumor-to-striatum ratios, and metabolic tumor volume (MTV) (29).
176 Ponisio et al. on the other hand, in their report did not uncover any value to dynamic
177 analysis (30). Furthermore, Ginet et al. in their study demonstrated that dynamic ^{18}F -
178 DOPA PET was able to differentiate the molecular features of newly diagnosed gliomas
179 (i.e. presence or absence of isocitrate dehydrogenase mutation), however static uptake
180 parameters were not (31). Lastly, Piccardo et al. compared advanced MRI features and
181 metabolic information obtained by ^{18}F -DOPA PET in 22 pediatric midline gliomas. They
182 showed that in comparison to advanced MRI techniques such as ADC maps, arterial
183 spin labelling (ASL) perfusion maps and MR spectroscopy, ^{18}F -DOPA PET tumor-to-
184 striatum ratio was the only parameter able to discriminate H3K27M-mutant from wild-
185 type diffuse midline gliomas (DMG) independently from histology (32).

186 **V. Conclusion**

187 Amino-acid imaging with ^{18}F -DOPA is a powerful clinical tool and should be used in
188 agreement with the recent joint guidelines from EANM/EANO/RANO (2019) and the
189 neuro-oncology working group (2016). Wider use and pooling of patient data from
190 multicenter registries would provide even more insight.

191 **VI. Key Points**

192 Question: Is amino acid PET imaging with ^{18}F -DOPA of significant value in
193 pediatric brain tumors?

194 Pertinent Findings: Amino acid PET imaging with ^{18}F -DOPA offers valuable
195 clinical information in the primary diagnosis, treatment response assessment,
196 pseudo-progression and recurrence applications of pediatric brain tumors.
197 predictor of progression/recurrence and progression free survival.

198 Implications of Patient Care: Amino acid PET imaging with ^{18}F -DOPA in pediatric
199 brain tumors may change clinical management and improve outcomes.

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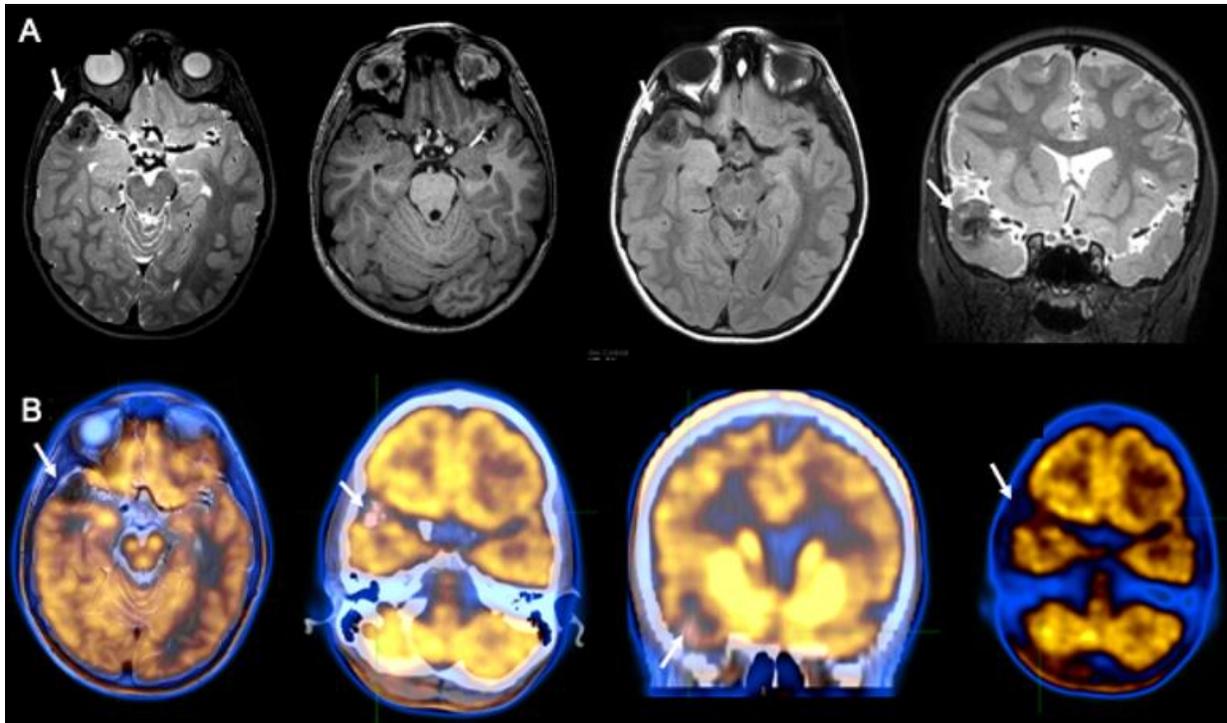
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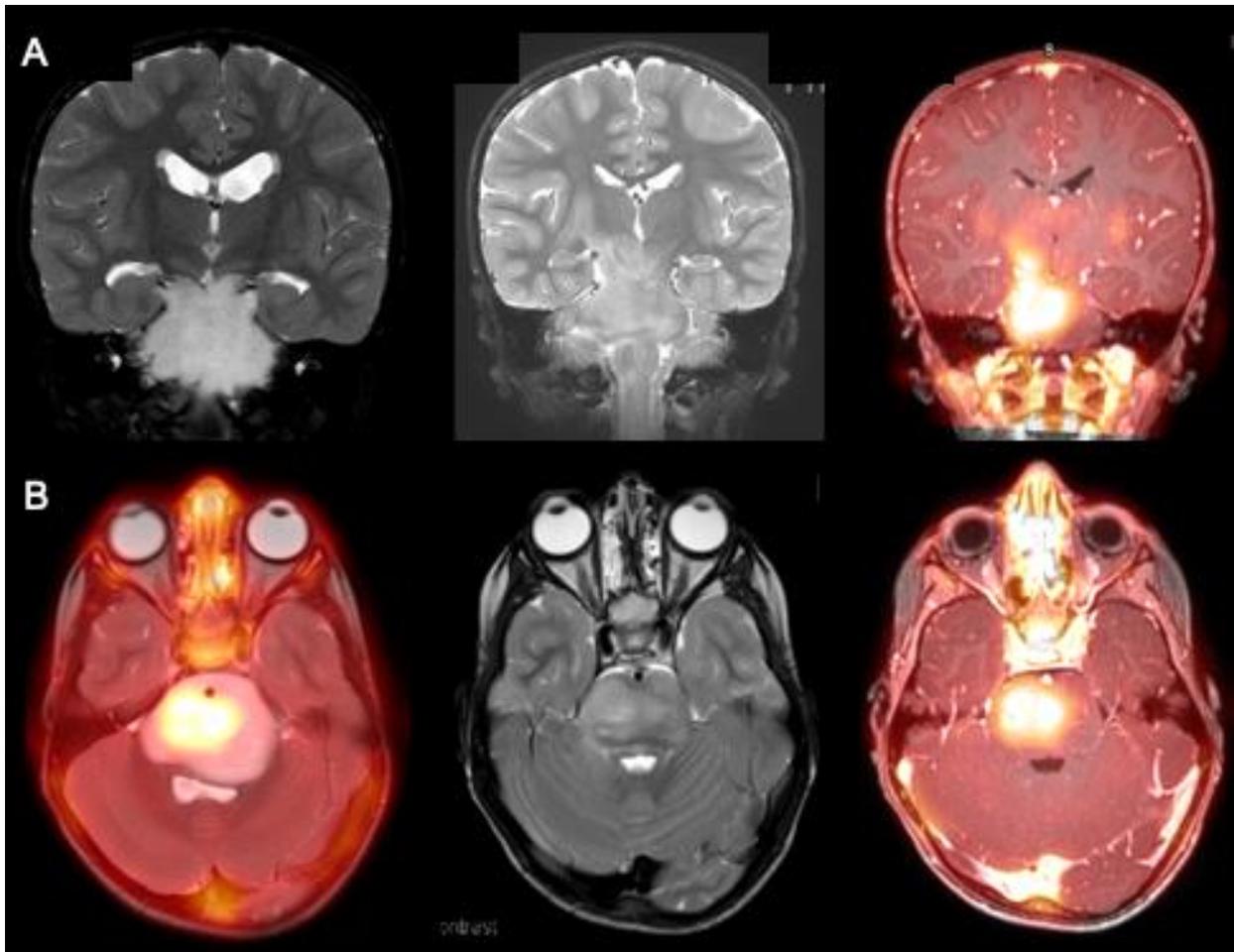
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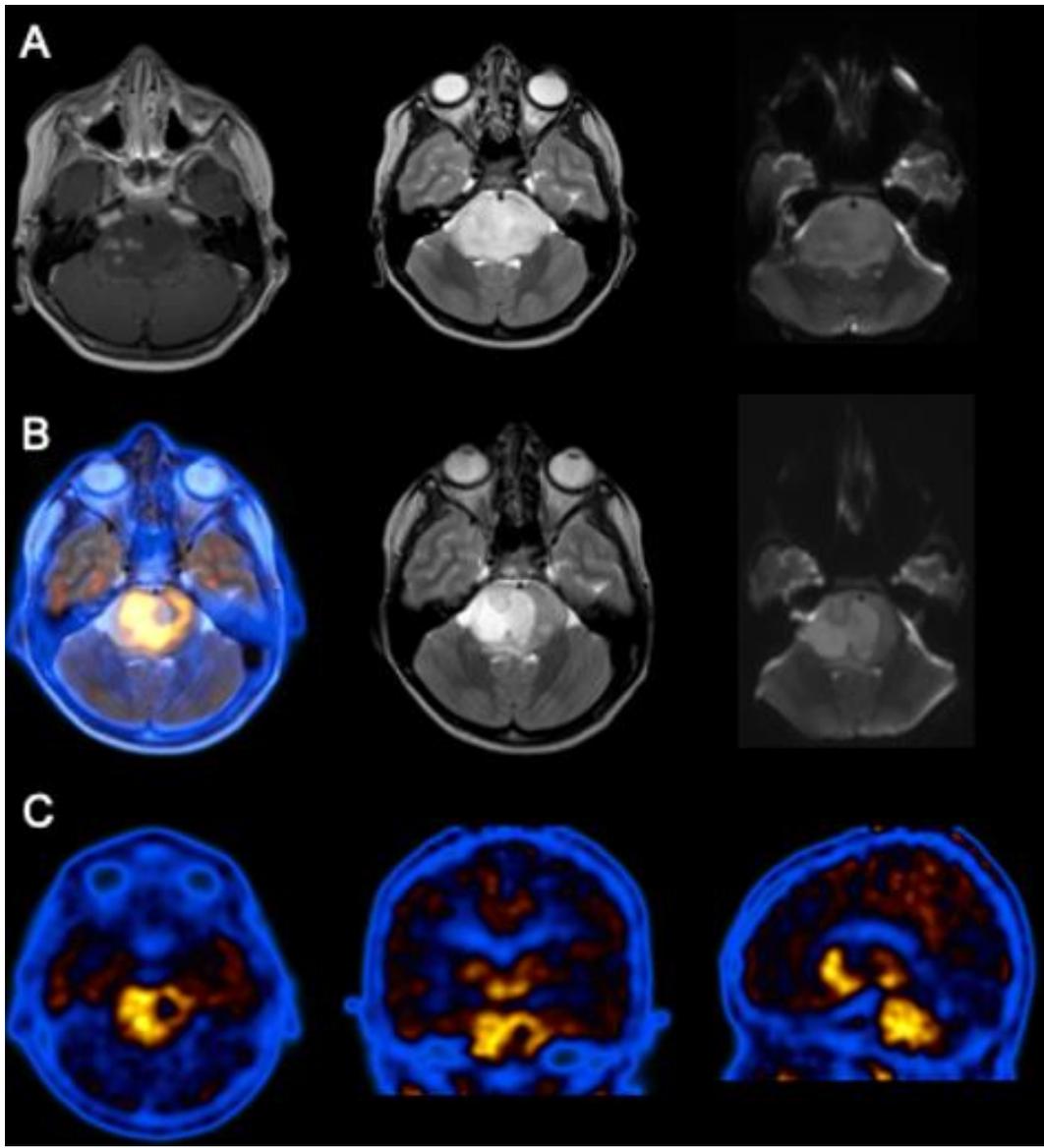
319 **Figure 1.** No FDOPA uptake in a calcified benign right temporal lesion (meningio-
 320 angiomatosis) (white arrow). **A.** Left to Right: Axial T2, Axial T1, Axial Flair, Coronal T2
 321 **B.** Left to Right: Axial fused FDOPA PET-MR, Axial fused FDOPA PET-CT, Coronal
 322 fused FDOPA PET-CT, Axial FDOPA PET image



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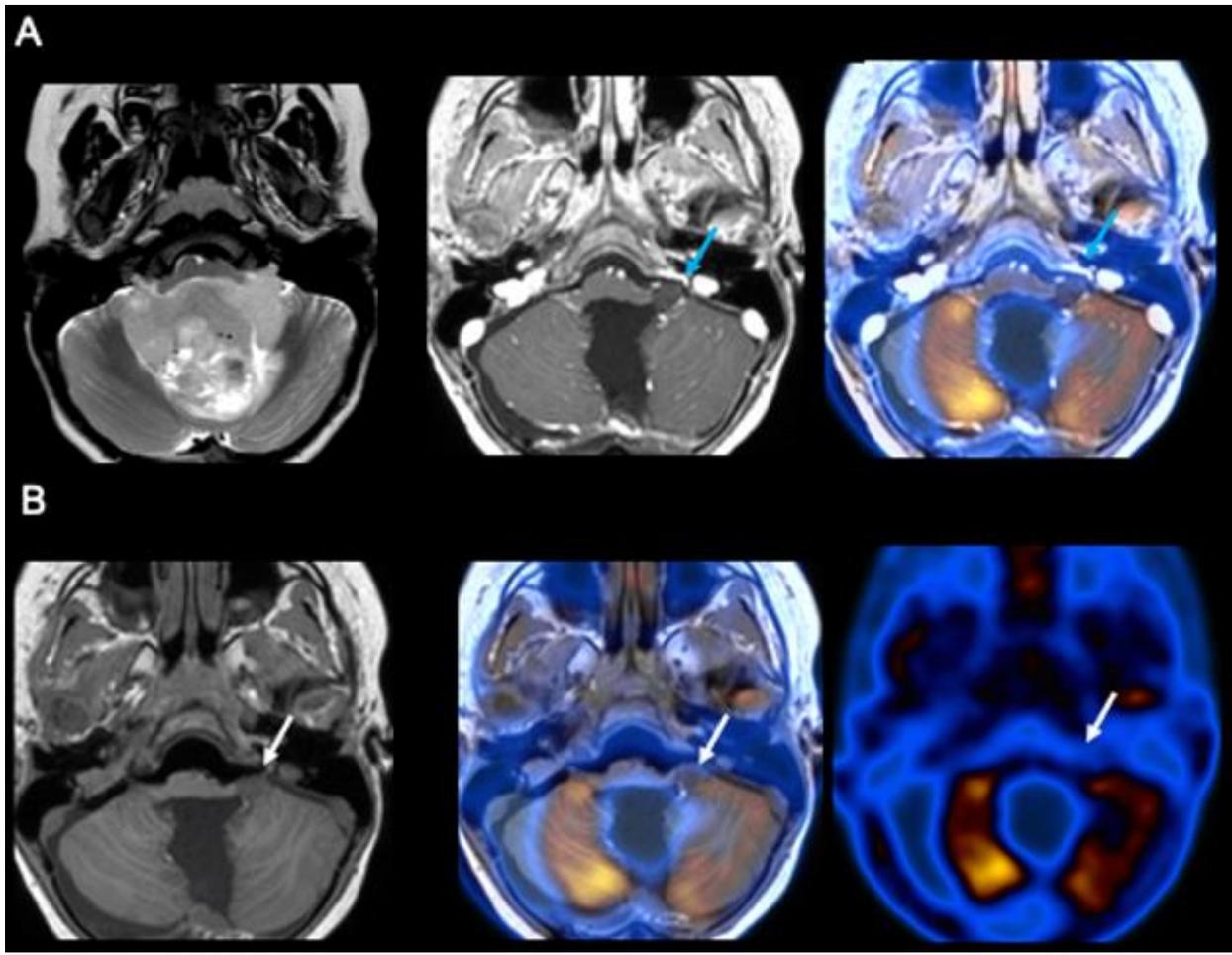
324 **Figure 2.** Intense FDOPA uptake in a recurrent DIPG showing better tumor delineation
 325 of true tumor boundaries and intensity of uptake likely a prognostic parameter.

326 **A.** Left to Right: Coronal T2 FS Initial, Coronal T2 FS 9 M Follow-up (F/U), Coronal
 327 Fused FDOPA PET/MR 9 M F/U **B.** Left to Right: Axial FDOPA fused to initial MR, Axial
 328 T2 FS 9 M F/U, Axial Fused FDOPA PET/MR 9 M F/U



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330 **Figure 3.** No clear change in the size of the initial DIPG tumor 9 months after the initial
 331 MRI. Changes in appearance on different sequences showed T2 and DWI signal
 332 distribution changes. FDOPA scan fused with follow up MRI clearly delineates tumor
 333 viability and recurrence. **A.** Left to Right: Initial Axial MRI T1 post contrast; Initial Axial
 334 MRI T2; Initial Axial DWI. Initial **B.** Axial fused FDOPA PET-MR T2 9 M F/U; Axial MR
 335 T2 9 M F/U; Axial DWI 9 M F/U **C.** Axial FDOPA PET; Coronal FDOPA PET; Sagittal
 336 FDOPA PET

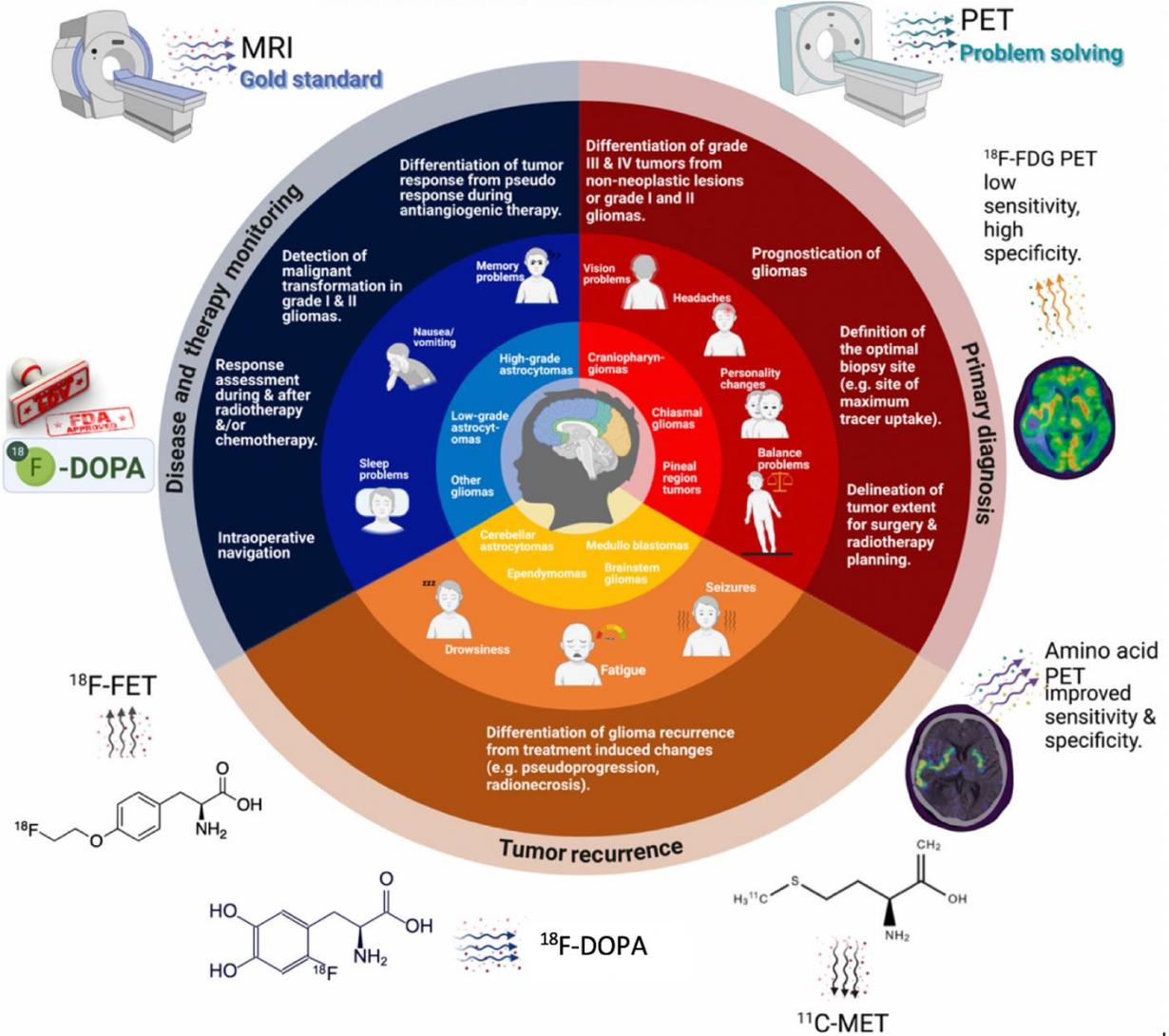


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338 **Figure 4.** 3 y/o girl status post resection of a posterior fossa tumor (anaplastic
 339 ependymoma: World Health Organization grade III) with an immediate post-operative 8
 340 mm left sided nodule (blue arrow) in the resection cavity showing no abnormal FDOPA
 341 uptake (3 weeks post-op). Follow-up MRI on same day as the FDOPA scan showed
 342 interval reduction in size and near complete resolution of this nodule (white arrow) most
 343 consistent with initial postoperative changes. **A.** Left to Right: Axial T2 pre-op MRI; Axial
 344 T1 with contrast. Immediate post-op MRI; Axial fused FDOPA PET-Immediate post-op
 345 MRI **B.** Left to Right: F/U post-op Axial T1 MRI (3 weeks); Axial fused FDOPA PET-F/U
 346 post-op MRI; Axial FDOPA PET

Pediatric Brain Tumor Imaging

EANM/EANO/RANO/RAPNO/SIOPE/SNMMI



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Figure 5: Summary diagram