13-Year-Old Boy with a 3-Day History of Melena*

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13-y-old boy presented to the emergency center with a 3-d history of melena. On admission the patient was anemic (hemoglobin = 9.3 g/dL, hematocrit = 26.2%). The patient was injected with 334 MBq (9 mCi) of 99m Tc-pertechnetate. Anterior, posterior, and lateral views of the abdomen were acquired at 15, 40, and 60 min after injection.

$[Fig. \ 1] \ \textbf{QUESTION} \ 1$

On examining all the images, what is the ordering physician evaluating? Please select the best answer.

- A. Gastrointestinal bleeding.
- B. Bleeding from diverticulitis.
- C. Meckel diverticulum.
- D. Appendicitis.



FIGURE 1. (A) Anterior, posterior, and lateral projections at 15 min after injection; (B) anterior, posterior, and lateral projections at 40 min after injection; and (C) anterior, posterior, and lateral projections at 60 min after injection.

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[Fig. 2] QUESTION 2

Which of the following would cause a false-negative finding on a Meckel scan?

- A. Ulcerative colitis.
- B. Intestinal obstruction.
- C. Laxative abuse.
- D. Irritable bowel in the right lower quadrant.



FIGURE 2. Anterior and posterior projections at 60 min after injection. Arrow illustrates focus of ectopic gastric mucosa in Meckel diverticulum.

QUESTION 3

What pharmacologic interventions can be used to improve visualization of the Meckel diverticulum by decreasing bowel peristalsis?

- A. 20 mg of cimetidine per kilogram per day for 2 d before study.
- B. 50 µg of glucagon per kilogram administered intravenously 5-10 min before the study.
- C. 6 μ g/kg of pentagastrin 5–10 min before the study.
- D. 0.07 mL of saturated solution of potassium iodide given to the patient before injection and continued 3 d after the study.

CASE DISCUSSION

Meckel diverticulum is the most common congenital abnormality and arises because of persistence of the omphalomesenteric duct (vitelline duct), which normally should obliterate by the fifth week of gestation. It affects approximately 2% of the population, is usually symptomatic in children less than 2 y old, is located within 61 cm (2 ft) of the ileocecal valve, and usually has a length of 5 cm (2 in). Meckel diverticula contain ectopic mucosa in 50% of the cases, which could include gastric, pancreatic, or colonic tissue (1–3). The diverticulum causes complications in 20% of the patients, such as gastrointestinal bleeding due to ulceration, acute diverticulitis, intestinal obstruction due to intussusception, or chronic abdominal pain (4,5). The normal gastric mucosa contains not only parietal, chief, and G cells but also columnar mucin-secreting cells—the cell type that concentrates pertechnetate. Detection of ectopic gastric mucosa is the histology of ectopic gastric mucosa from our patient's Meckel diverticulum.



FIGURE 3. (A) Colonic mucosa, (B) gastric mucosa in stomach, and (C) transition point from colonic mucosa to ectopic gastric mucosa in our patient. Left side of slide illustrates ectopic gastric mucosa, with transition to colonic mucosa on right side of slide.

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The pertechnetate scan is more than 85% sensitive, more than 95% specific, and 83%–88% accurate in identifying ectopic gastric mucosa. ^{99m}Tc-pertechnetate is concentrated by mucoid cells of the gastric mucosa, and its excretion is not dependent on the presence of parietal cells (3,5). The sensitivity of this scan decreases after adolescence because patients who are asymptomatic throughout childhood are less likely to have ectopic gastric mucosa (1,3). A typical positive scan should have a small focus of increased radiotracer accumulation, usually within the right lower quadrant, which appears at the same time as or shortly after visualization of the stomach; however, a small Meckel diverticulum may appear later than the stomach. The intensity of radiotracer activity should increase with time parallel to that of the stomach (6). It is important to realize that a Meckel diverticulum that does not contain gastric mucosa will not be identified by this scan.

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*For the answers, see page

Answers to the Questions on Pages ■■ and ■■

Question 1

Answer = C

The figures illustrate a 99m Tc-pertechnetate (Meckel diverticulum) scan showing a small focus of radiotracer activity in the mid abdomen, close to midline, below the bifurcation of the aorta seen on the 40- and 60-min images (Fig. 4, arrow). This finding was believed to be consistent with ectopic gastric mucosa. A Meckel diverticulum containing ectopic gastric mucosa was confirmed surgically and on pathology. A gastrointestinal bleeding scan uses 99m Tc-labeled red blood cells and is imaged continuously over at least 60 min. Even though this scan is more sensitive than mesenteric angiography in detecting hemorrhage, it is not specific and will be positive regardless of the cause of the hemorrhage (1). Appendicitis could potentially cause a false-positive finding on a Meckel scan; however, this is not the method of choice for identifying appendicitis (2).

Question 2

Answer = D

Anything that irritates the bowel mucosa, such as an intestinal obstruction or laxative abuse, can cause a falsepositive finding. This is the reason that the patient should not receive anything before the study that could possibly irritate the bowel, such as oral contrast material, endoscopy, or cathartics (2). ^{99m}Tc-pertechnetate is concentrated in ectopic gastric mucosa. If there is sufficient gastric mucosa within the Meckel's diverticulum, there will be increased radiotracer uptake within that area (1). However, in irritable bowel syndrome, bowel transit may be so rapid that a false-negative finding will result (2).

Question 3

Answer = B

Cimetidine is an H₂ blocker that increases the sensitivity of the Meckel study by decreasing the secretion of acid into the gastric lumen. Pentagastrin stimulates uptake of pertechnetate in the ectopic gastric mucosa within the diverticulum. Pentagastrin, however, is no longer commercially available within the United States. Glucagon decreases intestinal peristalsis. The doses listed in the question are correct, except for the cimetidine dose, which is a pediatric dose. For adults, the dose is 300 mg orally 4 times per day for 2 d before the study or a maximum of 300 mg intravenously 1 h before pertechnetate injection (2–4). Saturated solution of potassium iodide is given to patients undergoing an MIBG scan to block thyroid uptake, thereby reducing the radiation dose to the thyroid.

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