Pharmacology Study of the Neutral Myocardial Imaging Agent Technetium-99m-N(NOEt)₂

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Objective: The biological properties of a new neutral myocardial imaging agent ^{99m}TcN(NOEt)₂ were evaluated.

Methods: Blood clearance in rabbits, biodistribution in rats, and initial myocardial imaging in dogs were performed.

Results: Radiochemical purity of ^{99m}TcN(NOEt)₂ was more than 90% and stable for 6 h at room temperature. Blood disappearance was analyzed with a biexponential model and $T_{1/2(\alpha)} = 2.53$ min, $T_{1/2(\beta)} = 330$ min and CI = 378 ml/h were obtained. Biodistribution studies demonstrated that ^{99m}TcN(NOEt)₂ localized selectively in the rat myocardium. Cardiac uptakes were 4.69, 4.20, 3.95 and 3.43% ID/g at 5, 30, 60 and 90 min postinjection, respectively. The mean heart-to-lung activity ratios were 1.69, 2.40 and 2.55 at 10 min, 30 min and 60 min postinjection, respectively.

Conclusion: Technetium-99m-N(NOEt)₂ exhibited favorable stability and biological properties. Further study in humans is required.

Key Words: myocardial imaging; technetium-99m-N(NOEt)_{2;} biodistribution

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Use of the metastable isomer ^{99m}Tc for labeling imaging agents in nuclear medicine has caused development of specific radiopharmaceuticals. Several ^{99m}Tc complexes have proven useful as perfusion imaging agents in diagnostic nuclear medicine.

Pasqualini (1) described a new efficient method for preparing the [Tc \equiv N] tracer in sterile and apyrogen conditions, and ^{99m}TcN(NOEt)₂ (NOEt: N-ethoxy, N-ethyl dithiocarbamate) shows high uptake in normal myocardial tissue (2,3) and redistribution has been characterized (2–4). We report the results of a pharmacology study of ^{99m}TcN(NOEt)₂.

MATERIALS AND METHODS

Ligands

N-methyl S-methyl dithiocarbazate $[H_2N-N(CH_3)-C(=S)SCH_3, MDCZ]$ and N-ethoxy, N-ethyl dithiocarbamate

[EtO(Et)N-C(= S)SNa, NOEt] were synthesized in our laboratory. Stannous chloride (AR grade) is commercially available. Details of the synthesis of the MDCZ and NOEt have been reported (5).

Preparation of Technetium-99m-N(NOEt)₂

The ^{99m}TcN(NOEt)₂ was prepared in two steps based on the reaction equations:

$$\label{eq:generalized_states} \begin{split} ^{99m} TcO_4^- \ + \ HCl + \ Sn^{2+} + \ MDCZ \rightarrow [^{99m} TcN]_{int} \\ [^{99m} TcN]_{int} + \ NOEt \rightarrow ^{99m} TcN(NOEt)_2 \end{split}$$

In the first step, the synthesis of $[^{99m}Tc \equiv N]$ intermediate, 1–4 mL of ^{99m}Tc -pertechnetate were added to a lyophilized kit A containing 0.1 mg of SnCl₂ · 2H₂O, 1.0 mg MDCZ and excipient, heated at 100°C for 15 min, then cooled to room temperature.

In the second step, preparation of ^{99m}TcN(NOEt)₂, the mixture of intermediate from the first step was added to kit B, containing 10.0 mg NOEt and excipient, and allowed to stand at room temperature for 10 min.

Determination of Radiochemical Purity of Technetium-99m-N(NOEt)₂

The radiochemical purity (RCP) of $^{99m}TcN(NOEt)_2$ was evaluated by high-performance liquid chromatography (HPLC) and thin-layer chromatography (TLC). The HPLC system used a Micro PAK MCH 5N cap (300 mm × 4 mm) reverse-phase column, using MeOH:H₂O = 80:20 as mobile phase, with a flow rate of 1.0 mL/min, at room temperature. TLC was performed on a polyamide film strip eluted using ascending chromatography with acetonitrile.

Determination of Partition Coefficient of Technetium-99m-N(NOEt)₂

The partition coefficient of ${}^{99m}TcN(NOEt)_2$ was determined in octanol and 0.1 mol/L phosphate buffer (PB, pH 7.0 and pH 7.4). For each pH, 10 μ L ${}^{99m}TcN(NOEt)_2$ (approximately 1,000,000 cpm) were mixed with 3.0 mL PB and 3.0 mL octanol, vortexed for 3 min, and centrifuged for 5 min at 4000 rpm. One milliliter octanol was transferred to another tube

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containing 3.0 mL PB and 2.0 mL octanol, and the above procedure was repeated. One milliliter octanol and 1.0 mL PB were counted and the partition coefficient was calculated as cpm of octanol per cpm of PB.

Determination of In Vitro Stability of Technetium-99m-N(NOEt)₂

Technetium-99m-N(NOEt)₂ was kept standing for 6 h at 25° C and the RCP was determined at regular intervals. The solution also was diluted with saline and the RCP was determined for multiple dilutions.

Biodistribution Study of Technetium-99m-N(NOEt)₂ in Rats

Sixteen Sprague-Dawley rats (180-220 g) were injected with 3.7 MBq $(0.1 \text{ mL})^{99\text{m}}$ TcN(NOEt)₂ each in the tail vien. The rats were killed under anesthesia (diethyl ether) by cervical dislocation at 5, 30, 60 and 90 min postinjection, the organs of interest were collected, weighted and counted. The radioactivity of each organ was expressed as percent injected dose (% ID) per organ and percent injected dose (% ID) per gram of tissue. The activity ratios of heart-to-liver and heart-to-lung were obtained.

Blood Clearance of Technetium-99m-N(NOEt)₂ in Rabbits

Each of four New Zealand rabbits (2.2-2.8 kg) was injected with 50 MBq $(0.4 \text{ mL})^{99\text{m}}$ TcN(NOEt)₂ in the ear-edge vein. Blood samples were obtained from the other ear at a series of times postinjection. The radioactivity of the samples was counted and expressed as a percentage of the injected dose (% ID). The blood time-activity curve was plotted.

RESULTS AND DISCUSSION

RCP of Technetium-99m-N(NOEt)₂

The HPLC retention times (t_R) of ${}^{99m}TcN(NOEt)_2$ and ${}^{99m}TcO_4^-$ were 8.7 min and 2.4 min, respectively. All the mixtures of the intermediate underwent substitution reactions easily with the NOEt ligand to produce ${}^{99m}TcN(NOEt)_2$ in high yields.

The TLC analysis showed that the R_f values of $^{99m}TcN(NOEt)_2$, $^{99m}TcO_4^-$ and $[^{99m}Tc \equiv N]_{int}$ were 1.0, 0.3 ~

TABLE 1 Biodistribution of Technetium-99m-N(NOEt)₂ in Rats

	Time (% ID/organ $\times \pm s$)						
Organ	5 min (n = 4)	30 min (n = 4)	60 min (n = 4)	90 min (n = 4)			
Brain	0.88 ± 0.10	0.51 ± 0.07	0.33 ± 0.06	0.27 ± 0.03			
Heart	2.79 ± 0.36	2.25 ± 0.13	2.00 ± 0.14	1.88 ± 0.11			
Liver	17.52 ± 2.35	19.92 ± 2.12	31.32 ± 2.37	28.73 ± 1.85			
Spleen	1.27 ± 0.23	1.16 ± 0.17	0.93 ± 0.14	0.73 ± 0.06			
Lung	9.00 ± 1.61	5.26 ± 0.56	3.89 ± 0.30	2.57 ± 0.13			
Kidney	4.34 ± 0.17	4.89 ± 0.34	4.97 ± 0.89	4.95 ± 0.40			
Muscle Bone	$\begin{array}{c} 23.57 \pm 5.10 \\ 5.06 \pm 0.42 \end{array}$	$\begin{array}{c} 25.16 \pm 1.80 \\ 5.21 \pm 0.18 \end{array}$	26.56 ± 1.73 5.55 ± 0.96	$\begin{array}{c} 23.38 \pm 4.41 \\ 4.93 \pm 0.15 \end{array}$			

TABLE 2 Activity Ratios of Technetium-99m-N(NOEt)₂ in Rats

Time	Heart/liver ratio	Heart/lung ratio
5 min	1.44% ID/g	0.59% ID/g
30 min	1.39% ID/g	0.92% ID/g
60 min	0.88% ID/g	1.16% ID/g
90 min	0.79% ID/g	1.43% ID/g

0.4, 0.0 \sim 0.1 and 0.7 \sim 0.8, respectively. The RCP was greater than 90% for all preparations.

Partition Coefficient of Technetium-99m-N(NOEt)₂

The partition coefficients of 99m TcN(NOEt)₂ were 434 and 427 at pH 7.0 and 7.4, respectively. Because of the lack of charge and high lipophilicity, 99m TcN(NOEt)₂ will be adsorbed into the vial wall or into the wall of the syringe to a great extent. To avoid this adsorption, solubilizing agents were added to kit B.

Stability of Technetium-99m-N(NOEt)₂

The RCP of ^{99m}TcN(NOEt)₂ remained over 90% for 6 h at room temperature. The complex also was stable following up to 32 serial dilutions with saline.

Biodistribution of Technetium-99m-N(NOEt)₂

The results of biodistribution of 99m TcN(NOEt)₂ in rats are shown in Table 1 . The activity ratios of % ID per gram of T/NT are shown in Table 2.

Technetium-99m-N(NOEt)₂ showed a high cardiac uptake with a slow washout. Rapid clearance of the initial high pulmonary uptake improved the heart/lung ratio over time. As the complex accumulated in the liver the heart/liver ratio declined over time. The complex was eliminated mainly through the hepatobiliary system.

Comparison of reported biodistributions of ^{99m}TcN(NOEt)₂ are shown in Table 3. Our biodistribution results of ^{99m}TcN(NOEt)₂ were similar to the results reported by Pasqualini (6) and Guillaud (8).

Kinetics of Blood Clearance of Technetium-99m-(NOEt)₂

The data for the blood time-activity curve for 99m TcN(NOEt)₂ in rabbits were analyzed with a biexponential model. The

TABLE 3 Reference Comparison of Biodistribution of Technetium-99m-N(NOEt)₂ in Rats at 30 Minutes (% ID/organ)

	% ID/organ			Heart/ liver	Heart/
Source	Heart	Liver	Lung	ratio	ratio
Pasqualini (<i>6</i>)	3.64	25.8	3.09	_	_
Pasqualini (7)	2.26	29.4	2.40	1.24% ID/g	1.61% ID/g
Guillaud (<i>8</i>)	1.80	27.1	5.70		_
This paper	2.25	19.9	5.26	1.39% ID/g	0.92% ID/g

distribution half-life $T_{(1/2)\alpha} = 2.53$ min, the elimination half-life $T_{(1/2)\beta} = 330$ min, and the clearance rate Cl = 378 mL/h were obtained. The complex washed out very slowly from blood. The biexponential equation is C = 0.036 e^{-16.43t} + 0.033 e^{-0.126t}.

CONCLUSION

Technetium-99m-N(NOEt)₂ can be prepared conveniently with high radiochemical purity and high stability. Animal experiments showed high myocardium uptake, long retention time in the heart, and a low heart-to-liver activity ratio of ^{99m}TcN(NOEt)₂. Further evaluation of this radiopharmaceutical as a myocardial imaging agent is justified.

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