# An Anthropomorphic Phantom Study of Brain Dopamine **Transporter SPECT Images Obtained Using Different SPECT/CT Devices and Collimators**

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The aim of this study was to evaluate differences in dopamine transporter SPECT images among different SPECT/CT devices and to determine the most appropriate region of interest (ROI) for semiguantitative evaluation. Methods: An anthropomorphic striatal phantom was filled with 123 I solutions of different striatumto-background radioactivity ratios. Data were acquired using 2 SPECT/CT devices equipped with low- to medium-energy generalpurpose and low-energy high-resolution (LEHR) collimators. The SPECT images were reconstructed by filtered backprojection with both attenuation and scatter correction and then were analyzed using specific binding ratio (SBR). The most appropriate of 7 ROI types was determined, and we then compared the linearity and recovery of SBR among the different SPECT/CT devices and collimators. Results: The linearity of SBR was excellent for all types of ROIs. The ROI contouring the striatum based on the CT images showed the best recovery of SBR using mean activity in the striatal ROI (SBR $_{\rm mean}$ ) (47.8%). For this ROI, the recovery of SBR<sub>mean</sub> for SPECT/CT with a LEHR collimator with thick septa and a long hole length was 61.6%significantly higher than that of other devices. Conclusion: The ROI contouring the striatum based on CT images was considered appropriate for evaluating dopamine transporter SPECT/CT. Among the different SPECT/CT devices, an LEHR collimator designed for <sup>123</sup>I imaging is recommended.

Key Words: SPECT/CT; dopamine transporter; region of interest

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Imaging of the dopamine transporter (DaT) using radio-

pharmaceuticals that bind to it is an important tool for diagnosing neurologic disorders (1,2). Some movement disorders

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are associated with a loss of dopaminergic nerve terminals in the nigrostriatal pathway. Especially in the early phase of Parkinson disease, differentiation from essential tremor, vascular parkinsonism, and multiple-system atrophy is sometimes difficult (3–6).

In Japan,  $^{123}$ I-N- $\omega$ -(fluoropropyl)-2 $\beta$ -carbomethoxy-3 $\beta$ -(4-iodophenyl)tropane (123I-FP-CIT) became available for routine clinical use in January 2014. Many studies examining <sup>123</sup>I-FP-CIT SPECT imaging of DaT for diagnosing Parkinson disease have been reported (7–9). In combination with semiquantification, SPECT imaging of DaT has been reported to improve diagnostic accuracy for some movement disorders and to be useful for monitoring disease progression (10-15).

Recently, guidelines to obtain standard DaT SPECT images have been published (1,2). However, different images are considered to be obtained when different devices and collimators are used, as has been reported for cerebral perfusion SPECT (16). Therefore, it is important to evaluate differences in DaT SPECT images among different devices and collimators. Furthermore, semiquantitative indices for DaT SPECT, such as the specific binding ratio (SBR), are widely used for diagnosis. Determination of the region of interest (ROI) on the striatum and reference regions is therefore also important to standardize the semiquantitative evaluation of DaT SPECT imaging. The examination protocol for <sup>123</sup>I-FP-CIT SPECT should be harmonized to obtain standardized results among different devices and different institutions.

The aim of this study was to evaluate differences in DaT SPECT images among different devices and to determine the most appropriate ROI for evaluating SBR on SPECT/CT.

#### MATERIALS AND METHODS

#### **Phantoms**

A pool phantom with a 16-cm diameter and 15-cm height (Akita Machine-Engineering) was used to determine the attenuation coefficient using the Chang method (17). The phantom was filled with a 16.8 kBq/mL solution of <sup>123</sup>I.

A 3-dimensional (3D) brain phantom (Molecular Imaging Labo Inc.) was used to determine the parameters for a Butterworth filter

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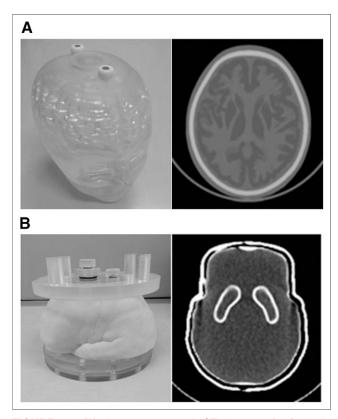
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(Fig. 1A) (18). The 3D brain phantom was made of a transparent photocurable polymer, or polyepoxide, with a density of 1.07 g/mL and was constructed with a laser-modeling technique. It was a structure precisely imitating the gray matter, white matter, cerebrospinal fluid space, skull, and scalp based on MR images. The bone region was filled with  $K_2HPO_4$  (310.3 mL). The gray matter region was filled with a 25 kBq/mL solution of  $^{123}I$ .

An anthropomorphic striatal phantom (NMP Business Support Co. Ltd.) was used to evaluate DaT SPECT images (Fig. 1B). It consisted of chambers for the right and left striatum (12.5 mL) and for the cerebrum (1,180 mL) based on MR images of a healthy subject. The chambers were surrounded by structures simulating skin and skull. The striatum and background were filled with different <sup>123</sup>I solutions (Table 1). Four striatum-to-background radioactivity ratios (S/B ratios) (8.08, 6.03, 4.03, and 3.01) were examined.

## **Imaging Protocol**

The SPECT/CT data were acquired using 2 different devices: a Symbia T6 (Siemens Healthcare) equipped with a low- to medium-energy general-purpose collimator (camera 1) or a low-energy high-resolution (LEHR) collimator (camera 2) and an Infinia Hawkeye 4 (GE Healthcare) equipped with an extended low-energy general-purpose collimator (camera 3) or an LEHR collimator (camera 4). The main energy window was 159 keV  $\pm$  10% width. The sub-windows with 7% width were set just above and below the main window for scatter correction. The matrix size was  $128 \times 128$ , and the pixel size was  $3.3~{\rm mm}$  (1.45 zoom for Symbia T6 and 1.34 zoom for Infinia Hawkeye 4). The data were acquired 6 times in continuous mode with clockwise and counterclockwise rotation



**FIGURE 1.** (A) Appearance and CT image of 3D brain phantom. (B) Appearance and CT image of anthropomorphic striatal phantom.

TABLE 1
Radioactivity of Right and Left Striatum and
Background in Striatal Phantom

		Stria		
	Experiment	Right	Left	Background
	Experiment 1	40.4 kBq/mL	20.2 kBq/mL	5.0 kBq/mL
	S/B ratio SBR <sub>true</sub>	8.08 7.08	4.03 3.03	
	Experiment 2	40.4 kBq/mL	20.2 kBq/mL	6.7 kBq/mL
	S/B ratio	6.03	3.01	
	$SBR_{true}$	5.03	2.01	

for 5 min per 180°. Attenuation was corrected using the Chang method. The triple-energy window method was used for scatter correction. Images were reconstructed on a workstation using Syngo MI applications (Siemens Healthcare) and a Xeleris 2 device (GE Healthcare).

#### **Reconstruction Parameters**

The SPECT images were reconstructed using filtered backprojection with a ramp filter. Before reconstruction, the data were processed using a Butterworth filter.

The attenuation coefficient for the Chang method was determined by a pool phantom analysis (19). At that time, a Butterworth filter was used for smoothing (order, 8; cutoff frequency, 0.55 cycles/cm for the Symbia T6 and 0.50 cycles/cm for the Infinia Hawkeye 4). The attenuation coefficient varied from 0.06 to 0.14. The pool phantom image was visually evaluated for flatness of the profile curve, and the coefficient of variance (CV) and summed difference from reference activity were determined. Five nuclear medicine physicians classified the flatness of the profile curve as -2 for obviously concave, -1 for probably concave, 0 for flat, +1 for probably convex, or +2 for obviously convex. The CV was calculated by dividing the percentage SD by the mean activity of a 16-cm-diameter circular ROI on the phantom image. The summed difference from the reference activity was calculated as follows: A 30 × 35 pixel rectangular ROI was placed on the reconstructed image. The mean activity of the 2 top-corner pixels was used as a reference value. The difference between the reference activity and the value of each pixel in the ROI was summed (positive: convex; negative: concave). The μ values were finally determined by evaluating these results comprehensively.

The cutoff frequency of the Butterworth filter, which was determined by evaluating the SPECT images of the 3D brain phantom, varied from 0.20 to 0.70 by increments of 0.02. At that time, the attenuation coefficient determined by the above study and the order for the Butterworth filter (with an order of 8) were used. The 5 nuclear medicine physicians visually graded the 3D brain phantom image as -2 for extremely poor, -1 for poor, 0 for normal, +1 for good, or +2 for excellent.

## SBR

SBR was obtained by subtracting the mean counts of the background area ( $C_b$ ) from the counts of the striatum ( $C_s$ ) and  $C_b$  (1,2):

$$SBR = \frac{C_s - C_b}{C_b}.$$

SBR using the mean SPECT count of the striatum ( $C_{s, mean}$ ) is referred to as SBR<sub>mean</sub>, whereas SBR using the maximum SPECT

TABLE 2
ROIs of DaT SPECT Images

ROI	Determination		
ROI <sub>max</sub>	Maximum count in striatum		
ROI <sub>CT2</sub> , ROI <sub>CT3</sub>	Contour of striatum determined by CT image		
ROI <sub>SP2</sub> , ROI <sub>SP3</sub>	Contour of striatum determined by SPECT image		
ROI <sub>BX2</sub> , ROI <sub>BX3</sub> Background	$15 \times 12$ pixel rectangle $10 \times 10$ pixel rectangle on occipital lobe		

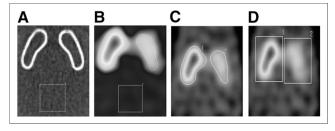
count of the striatum ( $C_{s, max}$ ) is referred to as  $SBR_{max}$ . SBR on SPECT images ( $SBR_{SPECT}$ ) consisted of both  $SBR_{mean}$  and  $SBR_{max}$ . True SBR ( $SBR_{true}$ ) was calculated using the radioactivity in the striatum and the background as measured by an automatic well  $\gamma$  counter (AccuFLEX  $\gamma$ 7001; Hitachi Aloka Medical, Ltd.) and was used as a reference value (Table 1). S/B was 8.08, 6.03, 4.03, and 3.01, respectively, and  $SBR_{true}$  was 7.08, 5.03, 3.03, and 2.01, respectively.

#### **ROIs**

Seven types of ROI were compared to determine the most appropriate one for evaluating SBR on SPECT images (Table 2). ROImax extracted the highest count of the striatum. ROICT2 was the contour of each striatum determined by the CT image (Fig. 2A) and was placed on the slice with the maximum count for the striatum (Fig. 2B). ROI<sub>CT3</sub> was the same shape as ROI<sub>CT2</sub> but was placed on 5 slices for averaging. ROI<sub>SP2</sub> was equal to the contour of each striatum determined by SPECT imaging and was placed on the slice with the maximum count for the striatum (Fig. 2C). ROI<sub>SP3</sub> was the same shape as ROI<sub>SP2</sub> but was placed on 5 slices for averaging.  $ROI_{BX2}$  was rectangular, with 15  $\times$  12 pixels, including the whole striatum on the slice with the maximum count (Fig. 2D). ROI<sub>BX3</sub> was equal to ROI<sub>BX2</sub> but was placed on 5 slices for averaging. In all ROIs except ROI<sub>max</sub>, the count in the striatum was averaged (Cs, mean). The ROI for the background, within a  $10 \times$ 10 pixel rectangle, was placed on the occipital region. These ROIs were placed manually and individually by a nuclear medicine physician and 2 radiologic technologists.

## **Data Analysis**

 $SBR_{SPECT}$  ( $SBR_{mean}$  and  $SBR_{max}$ ) data were compared by examining recovery and linearity in a comparison with the true radioactivity. Recovery was the percentage of  $SBR_{SPECT}$  to  $SBR_{true}$ ,



**FIGURE 2.** Striatal ROIs: contour of striatum and background determined by CT images (ROI<sub>CT2</sub>) (A), ROI<sub>CT2</sub> overlaid on SPECT image (B), ROI<sub>SP2</sub> determined by contouring striatum on SPECT image (C), and box ROIs, including whole striatum (ROI<sub>BX2</sub>) (D). 1 = right striatal ROI; 2 = left striatal ROI; 3 = background ROI.

**TABLE 3**Reconstruction Parameters of Each Device

SPECT/CT	μ value of Chang	Butterworth filter (cycles/cm)	
	method (cm <sup>-1</sup> )	Order	Cutoff
Camera 1	0.12	8	0.40
Camera 2	0.08	8	0.36
Camera 3	0.12	8	0.44
Camera 4	0.12	8	0.44

and the difference was analyzed by the Tukey–Kramer test. Linearity was analyzed by determining the correlation coefficient between SBR<sub>SPECT</sub> and SBR<sub>true</sub>. A *P* value of less than 0.05 was considered significant. The reproducibility of SBR<sub>SPECT</sub> was evaluated using the intraclass correlation coefficient (ICC) and CV. The reproducibility for each ROI determination was classified according to the ICC value (0–0.20, slight; 0.21–0.40, fair; 0.41–0.60, moderate; 0.61–0.80, substantial; 0.81–1.00, almost perfect). The CV was calculated using the mean count and SD. The most appropriate ROI was determined using images obtained by a Symbia T6 equipped with a low- to medium-energy general-purpose collimator.

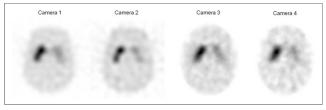
#### **RESULTS**

#### **Determination of Reconstruction Parameters**

The reconstruction parameters for each device and collimator were determined as listed in Table 3. The  $\mu$  value for Chang attenuation correction was 0.12 cm<sup>-1</sup> except for camera 2, which was 0.08 cm<sup>-1</sup>. The cutoff frequency of the Butterworth filter for each device ranged from 0.36 to 0.44. Figure 3 shows the reconstructed SPECT images. The variability of the background in cameras 2 and 4 was inferior to that in cameras 1 and 3. On the other hand, striatal uptake appeared broad and rounded on the images from cameras 1 and 3.

#### **Assessment of ROIs**

The recovery and linearity of SBR<sub>SPECT</sub> using the 7 ROIs were compared with those for SBR<sub>true</sub> (Table 4). Recovery of SBR<sub>SPECT</sub> was best for ROI<sub>max</sub> (75.3%) and was significantly higher than for any of the other ROIs (P < 0.05). ROI<sub>CT2</sub> had the second highest value (47.8%) and was also significantly higher than any of the other ROIs, except ROI<sub>max</sub>. SBR<sub>SPECT</sub> showed good linearity for all ROIs ( $R^2 > 0.95$ ).



**FIGURE 3.** Reconstructed SPECT images of anthropomorphic striatal phantom obtained using different devices and collimators.

**TABLE 4**Recovery and Linearity of SBR<sub>SPECT</sub> Calculated for 7 ROIs

		SBF				
ROI	2.01	3.03	5.03	7.08	Average	Linearity R <sup>2</sup>
ROI <sub>max</sub>	87.1%	67.1%	74.5%	72.4%	75.3% ± 7.3%*	0.95
ROI <sub>CT2</sub>	50.0%	47.5%	46.8%	47.1%	47.8% ± 1.3% <sup>†</sup>	0.96
ROI <sub>CT3</sub>	49.0%	45.9%	45.8%	46.1%	46.7% ± 1.3%	0.96
ROI <sub>SP2</sub>	47.6%	43.0%	32.1%	32.9%	38.9% ± 6.6%	0.97
ROI <sub>SP3</sub>	44.1%	42.2%	29.4%	31.3%	36.7% ± 6.5%	0.95
ROI <sub>BX2</sub>	25.2%	21.8%	20.1%	19.3%	21.6% ± 2.3%	0.99
ROI <sub>BX3</sub>	22.5%	19.2%	18.2%	17.2%	19.3% ± 2.0%	0.99

<sup>\*</sup>P < 0.05.

The reproducibility of SBR<sub>SPECT</sub> in the 7 ROIs is shown in Table 5. ICC agreed well for all ROIs (>0.80). The CVs of ROI<sub>max</sub>, ROI<sub>CT2</sub>, ROI<sub>CT3</sub>, ROI<sub>SP2</sub>, and ROI<sub>SP3</sub> were lower than 5%, whereas those of the box ROIs (ROI<sub>BX2</sub> and ROI<sub>BX3</sub>) were higher than the other ROIs. The best CV was observed for ROI<sub>max</sub> (1.75%). On the basis of these results, the subsequent analyses were performed using ROI<sub>max</sub> and ROI<sub>CT2</sub>.

## **Comparison of Different Devices and Collimators**

The recovery of SBR<sub>SPECT</sub> was compared among the different SPECT devices and collimators (Fig. 4; Table 6). The best recovery was for SBR<sub>mean</sub> (61.6%) and SBR<sub>max</sub> (92.9%) for camera 4. This result was significantly higher than for the other devices (P < 0.05). Although the recoveries for the other devices did not show any significant differences, the lowest recovery was for SBR<sub>mean</sub> and SBR<sub>max</sub> (41.0% and 59.6%, respectively) for camera 2. Considering the linearity of SBR<sub>SPECT</sub>, all cameras showed good linearity for both SBR<sub>max</sub> and SBR<sub>mean</sub> ( $R^2 > 0.90$ ).

## DISCUSSION

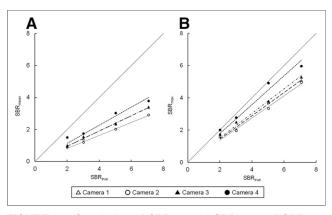
In this study, we examined differences in DaT SPECT images of an anthropomorphic striatal phantom obtained using different devices and collimators, and we determined the most appropriate ROI for quantitative analysis. The best result was obtained using  $\mathrm{ROI}_{\mathrm{max}}$ , followed by  $\mathrm{ROI}_{\mathrm{CT2}}$ . In the comparison of different devices and collimators, camera 4 gave the best results, followed by camera 3.

**TABLE 5**Reproducibility of SBR<sub>SPECT</sub> Calculated by the 7 ROIs

ROI	ICC	95% CI	CV
ROI <sub>max</sub>	0.994	0.935-1.000	1.75%
ROI <sub>CT2</sub>	0.985	0.881-0.999	2.64%
ROI <sub>CT3</sub>	0.981	0.846-0.999	2.59%
ROI <sub>SP2</sub>	0.983	0.912-0.999	2.58%
ROI <sub>SP3</sub>	0.982	0.876-0.999	1.83%
ROI <sub>BX2</sub>	0.955	0.686-0.997	8.34%
ROI <sub>BX3</sub>	0.980	0.842-0.999	4.60%

Our results showed that the best recovery and reproducibility of SBR was obtained using ROI<sub>max</sub>, followed by ROI<sub>CT2</sub>. In some patients with Parkinson disease, 123I-FP-CIT uptake in the striatum has been reported to show a heterogeneous distribution (20). Additionally, activity decreases first in the putamen and then in the caudate nucleus, as indicated by neurologic signs (11). Thus, ROI<sub>max</sub> is not considered appropriate for evaluating the activity of the entire striatum. In view of these considerations, ROICT2 was most appropriate for analyzing 123I-FP-CIT SPECT in this study. ROISP2 and ROISP3 showed lower SBR<sub>SPECT</sub>. Delineation of the striatum on SPECT images was difficult, and the delineated area was usually larger than the anatomic contour. Bolt et al. automatically placed large pentagonal ROIs to cover the entire striatum and measured the total striatal count (21). They obtained the striatal concentration by dividing the total striatal counts by a fixed striatal volume of 11.2 cm<sup>3</sup>. Although they obtained good results using this method, the striatal volume is likely to be different from that of patients with neurologic disorders. ROI<sub>CT2</sub> and ROI<sub>CT3</sub> in our study were determined on individual CT images—an advantage of using a SPECT/CT hybrid device.

More precisely, the activity of the putamen and caudate nucleus should be evaluated separately. A decrease in putaminal



**FIGURE 4.** Correlation of  $SBR_{true}$  and  $SBR_{SPECT}$  of  $SBR_{mean}$  (A) and  $SBR_{max}$  (B). Highest recovery was obtained by camera 4 for both  $SBR_{mean}$  and  $SBR_{max}$ .

 $<sup>^{\</sup>dagger}P < 0.05.$ 

**TABLE 6**Linearity and Recovery of SBR<sub>SPECT</sub> for Different Devices and Collimators

	$SBR_true$					
Parameter	2.01	3.03	5.03	7.08	Average	Linearity R <sup>2</sup>
SBR <sub>mean</sub>						
Camera 1	49.3%	46.5%	47.3%	47.8%	47.7% ± 1.0%	1.00
Camera 2	43.9%	39.2%	39.9%	41.0%	41.0% ± 1.8%	1.00
Camera 3	46.8%	51.0%	46.4%	47.9%	48.0% ± 1.8%	1.00
Camera 4	67.4%	54.4%	66.4%	58.3%	61.6% ± 5.5%*	0.97
SBR <sub>max</sub>						
Camera 1	86.0%	66.4%	73.2%	71.4%	74.3% ± 7.2%	0.98
Camera 2	77.9%	64.3%	66.2%	70.0%	59.6% ± 5.2%	0.99
Camera 3	86.4%	81.6%	75.0%	74.3%	79.3% ± 5.0%	0.99
Camera 4	99.2%	90.8%	97.4%	84.2%	92.9% ± 5.9%*	0.97
*P < 0.05.						

uptake without a decrease in caudate uptake is observed in the early stage of Parkinson disease (1). Some papers have reported the usefulness of the putamen-to-caudate ratio for differential diagnosis using separately placed ROIs on the putamen and caudate nucleus (22,23). Furthermore, the putamen may also need to be analyzed by being divided into different parts for some disorders (24). The usefulness of statistical parametric mapping, in comparison with ROI analysis, for evaluating striatal uptake has been reported (25,26). Stereotactic normalization and standardized comparisons are expected to allow more reliable evaluation. Further analyses using statistical image analysis of striatal uptake with detailed information about the striatal structure may be required.

In this study, SBR<sub>mean</sub> was never more than 67.4% of SBR<sub>true</sub>. Small structures such as the striatum are associated with an underestimation of radioactivity because of the partial-volume effect (27,28), which is attributable to the limited spatial resolution of SPECT. The radioactivity concentration of the striatum was underestimated by more than 50% without partial-volume correction in a previous study (29). Soret et al. reported that partial-volume correction was especially effective for reducing putaminal uptake (30). Bolt et al. suggested that a 3D ROI is more appropriate than a 2D ROI for considering partial-volume effect (21). In our study, 4 ROIs were used for analyses on a single slice (2D), and 3 ROIs on 5 slices were used for averaging (3D). Although the results did not significantly differ between 2D and 3D ROIs, evaluation of striatal uptake should ideally be performed for 3D ROIs in future studies because there were some differences.

The primary  $\gamma$  ray of  $^{123}$ I has energy of 159 keV (83.3%), although several other  $\gamma$  rays of higher energy, ranging from 248 to 784 keV, are also emitted (31). These highenergy  $\gamma$  rays and scattered photons penetrate the thin septa of the collimator. From this point of view, the use of a collimator designed for higher-energy  $\gamma$  rays may be recommended. Even though both camera 1 and camera 3 were equipped with collimators for low- and medium-energy

 $\gamma$  rays, recovery of  $SBR_{mean}$  was second best for camera 3 and third best for camera 1. Furthermore, the striatal uptake was broad and rounded for both camera 1 and camera 3. The spatial resolution of low- to medium-energy collimators is inferior to that of a high-resolution collimator. Thus, SBR is considered to be underestimated because of the partialvolume effect. Camera 2, equipped with a low-energy collimator, showed the lowest recovery of SBR<sub>mean</sub> and poor image quality. Because the characteristics of low-energy collimators vary among vendors, the thin septa and short hole length of camera 2 deteriorated the image quality of <sup>123</sup>I (32). Although the guidelines for <sup>123</sup>I-FP-CIT SPECT recommend the use of a LEHR collimator because of the benefit of higher spatial resolution (5,6), the collimator used for camera 2 should not be used for imaging 123I-FP-CIT. On the other hand, the best SBR and the best image quality were obtained by camera 4 in this study. Although both camera 2 and camera 4 used LEHR collimators, the configuration and basic characteristics of the collimators were different. These results suggest that the LEHR collimator of camera 4 can be used for <sup>123</sup>I-FP-CIT imaging.

This study had several limitations. First, we did not examine the fanbeam collimator. Use of a fanbeam collimator for <sup>123</sup>I is expected to provide better results because of its high sensitivity and high spatial resolution. Second, SPECT images were reconstructed by filtered backprojection from Chang attenuation correction because it has been used as a standard quantitative method for brain SPECT in our country. Recent advances in iterative reconstruction have improved both image quality and quantitative accuracy. The use of iterative reconstruction should be examined in future studies. Third, attenuation correction was performed using the Chang method. Although CT-based attenuation correction can be used in our institution, it has not yet become widely available in most clinical institutions. CT-based attenuation correction should be examined in future studies. Finally, several other correction methods, such as the spatial resolution correction, should also be examined in the future.

### CONCLUSION

Our results suggest that the ROI contouring of the striatum based on CT images was appropriate for evaluating DaT SPECT images. Among the different SPECT/CT devices, the best SBR<sub>mean</sub> was obtained with camera 4 equipped with an LEHR collimator designed to be used for <sup>123</sup>I imaging.

#### **DISCLOSURE**

No potential conflict of interest relevant to this article was reported.

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